

Glen Rose Summer Athletic Calendar

Junior and Senior High Football Players be on Glen Rose field in shorts and helmet 1 hour before all camp departure times, ready to practice.

All Team Camps are Mandatory. ALL Athletes are expected to make 16 weight workouts



May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>April 29</i> Spring Football Junior High and Senior High TBA dates and times	<i>April 30</i> Spring Football Junior High and Senior High TBA dates and times	<i>1</i> Spring Football Junior High and Senior High TBA dates and times	<i>2</i> Spring Football Junior High and Senior High TBA dates and times	<i>3</i> Spring Football Junior High and Senior High TBA dates and times	<i>4</i>
<i>5</i>	<i>6</i> Spring Football Junior High and Senior High TBA dates and times	<i>7</i> Spring Football Junior High and Senior High TBA dates and times	<i>8</i> Spring Football Junior High and Senior High TBA dates and times	<i>9</i> Spring Football Junior High and Senior High TBA dates and times	<i>10</i> Spring Football Junior High and Senior High TBA dates and times	<i>11</i>
<i>12</i>	<i>13</i> Spring Football Junior High and Senior High TBA dates and times	<i>14</i> Spring Football Junior High and Senior High TBA dates and times	<i>15</i> Spring Football Junior High and Senior High TBA dates and times	<i>16</i> Spring Football Junior High and Senior High TBA dates and times	<i>17</i> Spring Football Junior High and Senior High TBA dates and times	<i>18</i>
<i>19</i>	<i>20</i>	<i>21</i>	<i>22</i>	<i>23</i>	<i>24</i> School out	<i>25</i>
<i>26</i>	27 MEMORIAL DAY ARENA CLOSED NO WORKOUTS	<i>28</i>	29 Weight Room OPEN 8 AM and 6 PM	30 Weight Room OPEN 6 PM	31 Weight Room OPEN 8 AM	<i>1</i>

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June 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3Weight Room OPEN 8 AM and 6 PM JR High 7 on 7 @ 7AM BB PRACTICE 9AM	4SR FB team camp @ Glen Rose 9 AM Report to arena@ 8AM	5Weight Room OPEN 8 AM and 6 PM BB PRACTICE 9AM AFTER WEIGHTS	6Weight Room OPEN 6 PM JR FB team camp @ Glen Rose 9 AM Report arena @ 8AM	7Weight Room OPEN 8 AM	8
9	10Weight Room OPEN 8 AM and 6 PM JR High 7 on 7 @ 7AM BB PRACTICE 9AM AFTER WEIGHTS	11 JR FB team camp @Glen Rose 9 AM Report arena @ 8 AM SENIOR BB CAMP @ FTN LAKE TIME TBA	12Weight Room OPEN 8 AM and 6 PM SENIOR & JUNIOR BB CAMP @ FTN LAKE TIME TBA	13Weight Room OPEN 6 PM SR FB team camp @Gurdon 9 AM Leave @ 8 AM	14Weight Room OPEN 8 AM	15
16	17Weight Room OPEN 8 AM and 6 PM	18 SR FB team camp @ Glen Rose 9 AM Report to arena@ 8AM	19Weight Room OPEN 8 AM and 6 PM SENIOR BB CAMP @ JESSIEVILLE TIME TBA	20Weight Room OPEN 6 PM	21Weight Room OPEN 8 AM	22
23	24 DEAD WEEKS ARENA CLOSED	25 DEAD WEEKS ARENA CLOSED	26 DEAD WEEKS ARENA CLOSED	27 DEAD WEEKS ARENA CLOSED	28 DEAD WEEKS ARENA CLOSED	29
30						

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July 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 DEAD WEEKS ARENA CLOSED	2 DEAD WEEKS ARENA CLOSED	3 DEAD WEEKS ARENA CLOSED	4 DEAD WEEKS ARENA CLOSED	5 DEAD WEEKS ARENA CLOSED	6
7	8 <i>Weight Room OPEN</i> <i>8 AM and 6 PM</i> <i>JR High 7 on 7 @ 7AM</i>	9 <i>SR FB team camp</i> <i>@ Glen Rose 6 PM</i> <i>report arena @ 5PM</i>	10 <i>Weight Room OPEN</i> <i>8 AM and 6 PM</i> BB PRACTICE 9AM AFTER WEIGHTS	11 <i>Weight Room 6 PM</i> <i>JR FB team camp @</i> <i>Glen Rose 6 pm</i> <i>report arena @ 5 PM</i>	12 <i>Weight Room OPEN</i> <i>8 AM</i>	13
14	15 <i>Weight Room OPEN</i> <i>8 AM and 6 PM</i> <i>JR High 7 on 7 @ 7AM</i> BB PRACTICE 9AM AFTER WEIGHTS	16	17 <i>Weight Room OPEN</i> <i>8 AM and 6 PM</i> <i>SR FB team camp</i> <i>@ Hot Springs 9AM</i> <i>leave 8 AM report@7AM</i>	18 <i>Weight Room 6 PM</i> <i>JR FB team camp @</i> <i>Glen Rose 6 pm</i> <i>report arena @ 5 PM</i>	19 <i>Weight Room OPEN</i> <i>8 AM</i>	20
21	22 <i>Weight Room OPEN</i> <i>8 AM and 6 PM</i> <i>JR High 7 on 7 @ 7AM</i>	23 <i>SR FB team camp</i> <i>@ Glen Rose 6PM</i> <i>report arena @ 5PM</i>	24 <i>Weight Room OPEN</i> <i>8 AM and 6 PM</i> BB PRACTICE 9AM AFTER WEIGHTS	25 <i>Weight Room 6 PM</i> <i>JR FB team camp @</i> <i>Glen Rose 6 pm</i> <i>report arena @ 5 PM</i>	26 <i>Weight Room OPEN</i> <i>8 AM</i>	27
28 <i>Youth Football camp for grades</i> <i>4-9 July 29, 30 and 31, 2019</i> <i>from 8AM to 10 AM. Forms</i> <i>are on the Glen Rose school</i> <i>website.</i>	29 <i>Weight Room open</i> <i>8 AM and 6 PM</i> <i>7th grade equipment @</i> <i>10AM</i> <i>Youth FB camp 8AM</i>	30 <i>SR FB team camp War</i> <i>Memorial 6 PM leave</i> <i>@ 5PM report 4 pm</i>	31 <i>Weight Room OPEN</i> <i>8 AM and 6 PM</i> BB PRACTICE 9AM AFTER WEIGHTS <i>Youth FB camp 8AM</i>			

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August 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Weight Room 6 PM JR FB team camp @ Glen Rose 6 pm report arena @ 5 PM	2 Weight Room OPEN 8 AM	3
4	5 SR High Football Begins 730 AM JR High practice Begins 8 AM	6 SR High Football 730 AM JR High practice 8 AM	7 SR High Football 730 AM JR High practice 8 AM	8 SR High Football 730 AM JR High practice 8 AM	9 SR High Football 730 AM JR High practice 8 AM	10
11	12 SR High Football 730 AM JR High practice 8 AM	13 SR High Football 730 AM JR High practice 8 AM	14 SR High Football 730 AM JR High practice 8 AM	15 SR High Football 730 AM JR High practice 8 AM	16 SR High Football 730 AM JR High practice 8 AM	17
18	19 School Starts SR & JR practice After school	20 SR & JR practice After school	21 SR & JR practice After school	22 SR & JR practice After school	23 SR & JR practice After school	24
25	26 SR & JR practice After school	27 Benefit Game @ Hot Springs Junior 6 PM Senior 7 PM	28 SR & JR practice After school	29 SR & JR practice After school	30 SR & JR practice After school	31